

FUNCTIONAL SPEED ACADEMY LLC

COMPANY | LEGAL PROVIDER | VENDOR | BILLING ENTITY



Start Here for Approval

Golden Strength Academy (GSA) - a program of Functional Speed Academy LLC

Company / Legal Provider / Billing Entity	Functional Speed Academy LLC
Program / Service	Golden Strength Academy (GSA), a program of Functional Speed Academy LLC
Purpose	Family step-by-step approval guide + caseworker/FMS review packet
Document	Start Here for Approval 2026

IMPORTANT ENTITY DISTINCTION: Functional Speed Academy LLC (FSA) is the company, legal provider, vendor, and billing entity. Golden Strength Academy (GSA) is one program operated by Functional Speed Academy LLC and is not a separate company or legal entity. All vendor records, authorizations, W-9s, invoices, receipts, contracts, and funding records should identify Functional Speed Academy LLC as the provider. Golden Strength Academy may be listed as the program/service.

How to Use This Guide

This guide is designed to make the approval process clear, professional, and easy to follow for both families and funding reviewers. A parent can use it as a step-by-step checklist, and a caseworker, Regional Center service coordinator, Independent Facilitator, or FMS contact can use it as a quick review packet.

What this guide does: it explains the program, shows who the provider is, outlines the funding pathways, lists the current service options and rates, and tells the reviewer exactly what documentation Functional Speed Academy LLC can provide to support approval.

Simple 5-Step Approval Process

1

Choose the service that best fits the participant.

Options may include GSA Group **1x/week**, GSA Group **2x/week**, **Private Adaptive Coaching**, or a combination when supported by participant need and program design. There is **no assessment fee for Group-only participation**.

2

Identify your funding pathway.

Use the pathway that applies to your family: **IRC family reimbursement**, **Self-Determination / FMS**, or another approved/direct-pay pathway. If you are unsure, send this guide to your caseworker, service coordinator, Independent Facilitator, or FMS contact and ask them to confirm the correct pathway.

3

Forward this guide to the person approving the service.

The approval reviewer can use this document together with the GSA Program Overview and Payment Schedule. If more documentation is required, Functional Speed Academy LLC can provide supporting rate, cost-effectiveness, invoice, insurance, W-9, or provider documentation.

4

Get the authorization in place before funded service begins.

When prior authorization is required, wait for the funding pathway to confirm the approved service, frequency, amount, and processing method. Functional Speed Academy LLC does not assume that retroactive approval or reimbursement will be granted.

5

Send the approval confirmation to Functional Speed Academy LLC.

Once approval is confirmed, we finish the appropriate registration, invoice, payment, or FMS setup and confirm the participant's service schedule, subject to current program availability.

Recommended Group approval structure when appropriate: authorize GSA Group up to 2x/week, not to exceed \$700/month. This creates flexibility without requiring the family to use the full amount. Actual billing follows the participant's enrolled frequency: \$350/month at 1x/week or \$700/month at 2x/week.

Questions / documents needed? Functional Speed Academy LLC can provide supporting approval documents, provider records, W-9, insurance, invoices, paid receipts, and current service information.

Email: Henry@FunctionalSpeedAcademy.com **Phone:** (951) 219-7406 **Website:** www.FunctionalSpeedAcademy.com

Step-by-Step by Funding Pathway

Choose the section that matches your family. The goal is to reduce back-and-forth and make the approval, billing, and reimbursement process as clear as possible.

IRC / REGIONAL CENTER - FAMILY REIMBURSEMENT

Use this when the family pays Functional Speed Academy LLC and submits a paid receipt for approved reimbursement.

- Step 1.** Forward this guide to the caseworker/service coordinator.
- Step 2.** Ask for written approval showing the approved GSA service, frequency, monthly amount, and reimbursement pathway.
- Step 3.** Wait for approval when prior authorization is required. Do not assume retroactive reimbursement will be granted.
- Step 4.** Functional Speed Academy LLC bills the family. After payment, a paid receipt is provided for the family to submit to IRC/Regional Center.

SELF-DETERMINATION / FMS

Use this when GSA is funded through an approved spending plan and Financial Management Service.

- Step 1.** Forward this guide to the Independent Facilitator, caseworker/service coordinator, and FMS contact.
- Step 2.** List Functional Speed Academy LLC as the provider/vendor. Golden Strength Academy is the program/service.
- Step 3.** Confirm the service, frequency, amount, and funding pathway. Functional Speed Academy LLC can provide W-9, insurance, rate, invoice, and provider documents.
- Step 4.** Complete the FMS approval/vendor steps. Functional Speed Academy LLC then invoices through the approved FMS process.

DIRECT PAY / OTHER APPROVED PATHWAY

Use this when no Regional Center/FMS authorization is required or another approved funding process applies.

- Step 1.** Confirm the service and schedule with Functional Speed Academy LLC.
- Step 2.** Follow the agreed payment process. A receipt is provided after payment.
- Step 3.** If another entity may reimburse you, confirm its rules before service. Third-party approval and reimbursement are controlled by that funding entity.

Common Regional Center pathway when applicable: GSA commonly operates within Community Integration Supports / Service Code 331. The final service code, funding category, authorization method, and approved amount remain participant-specific and are determined by the Regional Center/IPP team, participant, Independent Facilitator, and FMS as applicable.

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Caseworker / FMS Review Snapshot

This page is designed to be forwarded directly to the funding reviewer. The family may forward the complete guide. The information below summarizes who the provider is, what service is being requested, and the current published rates.

Review Item	Current Information
Legal Company / Provider / Vendor	Functional Speed Academy LLC
Program / Service	Golden Strength Academy (GSA), a program of Functional Speed Academy LLC
Program Classification	Specialized adaptive fitness, social recreation, community participation, and developmental support delivered through movement
GSA Group - 1x/week	\$350/month
GSA Group - 2x/week	\$700/month
Private Adaptive Coaching	\$135/session
Initial Assessment & Program Design	\$175 one time when applicable to private adaptive coaching; not required for Group-only participation
Typical Group Support	Low participant-to-coach support, generally up to 1:4 depending on participant need and service structure
Provider Filing Rule	Provider/vendor records should identify Functional Speed Academy LLC. Golden Strength Academy is the program/service name.

Approval Amounts - Quick Reference

Program / Service	4-Week Month	5-Week Month
GSA Group - 1x/week	\$350	\$350
GSA Group - 2x/week	\$700	\$700
Private Adaptive - 1x/week	\$540 (4 sessions)	\$675 (5 sessions)
Private Adaptive - 2x/week	\$1,080 (8 sessions)	\$1,350 (10 sessions)
Group 1x + Private 1x/week	\$890	\$1,025
Group 2x + Private 1x/week	\$1,240	\$1,375
Group 1x + Private 2x/week	\$1,430	\$1,700
Group 2x + Private 2x/week	\$1,780	\$2,050

Approval ceiling principle: When participant-specific needs and the approved plan support it, approving the maximum reasonably anticipated frequency can reduce avoidable amendments later. An approved ceiling is not a requirement to use or bill the full amount. Functional Speed Academy LLC bills only the participant's actual enrolled or delivered service within the authorized structure.

What the Service Supports

- **Physical and functional development:** motor planning, coordination, balance, body awareness, strength, movement confidence, and functional movement patterns.
- **Social and communication development:** peer interaction, communication, turn taking, shared activity, social confidence, and belonging.
- **Regulation and engagement:** predictable routines, transitions, sustained participation, willingness to try, and relationship-based support.
- **Independence and community participation:** safety awareness, accountability, self-advocacy, supported community access, and comfort in inclusive settings.

Important Service Classification

Golden Strength Academy should not be processed as a generic gym membership, ordinary fitness class, open recreation program, or standard personal training service. GSA uses trained adaptive staff, structured programming, low-ratio support, participant-specific modifications, safety awareness, predictable routines, relationship-based coaching, and real-time adaptive support.

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Supporting Documents and What Happens Next

Use the Right Document for the Right Question

Document	Use It When...
GSA Program Overview	The reviewer needs the program model, service classification, outcomes, current rates, or basic funding alignment.
GSA Payment Schedule	The reviewer needs exact rates, monthly approval amounts, billing structure, or processing instructions.
GSA Cost Effectiveness	The reviewer needs service justification, comparable-service analysis, rate reasonableness, or support for approval/renewal.
GSA Invoice Policy	The family, FMS, or funding contact needs billing, authorization, reimbursement, invoice, receipt, or audit-process standards.

What Functional Speed Academy LLC Can Provide

- Current GSA Program Overview and Payment Schedule.
- Cost Effectiveness statement and Invoice Policy when deeper review is needed.
- W-9 and provider/vendor information.
- Insurance documentation when requested.
- Invoices, corrected invoices, and paid receipts as applicable.
- Participant-specific support or continuation documentation when available and appropriate.

Before Service Begins

Confirm the approval, service frequency, amount, and payment pathway first whenever prior authorization is required. Services delivered before required authorization may become the financial responsibility of the participant/family. Approval, reimbursement, and payment remain participant specific and subject to the participant's plan and the applicable IRC, Regional Center, DDS, FMS, or other funding rules.

California / DDS Reference Basis

Reference	How This Guide Uses the Standard
WIC 4512(b)	Services and supports may include specialized services/supports or special adaptations directed toward social, personal, physical, or economic habilitation or rehabilitation and the achievement or maintenance of an independent, productive life.
WIC 4646 and 4646.4	Planning is person centered and considers participant/family needs, preferences, personal outcomes, community inclusion, access barriers, and effectiveness of service options.
WIC 4648(a)(6)(D)	Cost-effectiveness review compares available comparable services that can accomplish the IPP and remain consistent with individual/family needs.
WIC 4688.22	Social recreation and related nonmedical supports may promote social interaction, inclusion, relationships, community ties, and future socialization opportunities.

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